

RESTORATION PSYCHOLOGY INSTITUTE™

RESEARCH AGENDA 2026-2031

Advancing the Science of Restoration. Translating Research into Practice.

MISSION

To advance Restoration Psychology through scientific research, evidence-based tools, and practical applications that promote restoration across individuals, communities, and organizations.

RESEARCH VISION

This research agenda advances a coordinated program of scholarship to establish Restoration Psychology as a rigorous, evidence-based field of scientific inquiry through theory development, assessment validation, intervention research, and practical translation.

RESEARCH PRIORITIES

1. THEORY DEVELOPMENT • Refine Restoration Psychology. • Advance the 5R Restoration Model®. • Clarify relationships with related constructs.
2. ASSESSMENT DEVELOPMENT • Validate the Restoration Assessment Suite™. • Develop reliable measures. • Evaluate psychometric properties.
3. INTERVENTION & TRANSLATION • Evaluate restoration interventions. • Test the RESTORE™ Practical Framework. • Translate research into practice.
4. POPULATIONS & CONTEXTS • Adults across the lifespan. • Caregivers and helping professionals. • Educational, healthcare, workplace, and community settings.
5. LONGITUDINAL & IMPLEMENTATION RESEARCH • Examine restoration over time. • Identify predictors and outcomes. • Study long-term implementation.

GUIDING PERSPECTIVE

- Restoration is a measurable and scientifically observable process.
- Burden and restoration represent legitimate areas of psychological inquiry.
- Scientific discovery should inform practical restoration across diverse settings.

FEATURED INITIATIVE

The Restoration Guidebook™

A practical companion to the Restoration Psychology framework, translating research into evidence-informed strategies for restoration and human flourishing.

Projected Release
Fall 2026

STRATEGIC ROADMAP

- Phase I: Foundation & Validation
- Phase II: Research & Dissemination
- Phase III: Intervention & Implementation
- Phase IV: Translation & Impact